CORE COMPETENCIES

Student Self-Reflection

COMPETENCY	WHAT I CAN DO	1 Not yet	2 Some- times	3 Mostly	4 Always
Communication	I can connect and engage with others I can acquire, interpret, and present information I can collaborate to plan, carry-out, and review I can explain, review, and reflect				
Creative & Critical Thinking	I can value, generate, and develop ideas I can analyse and critique I can question and investigate I can develop and design				
Personal and Cultural Identity Personal Awareness and Responsibility	I can understand <i>relationships</i> and <i>cultural</i> contexts I can define my <i>personal values</i> and <i>choices</i> I can acknowledge my <i>strengths</i> and <i>abilities</i>				
	I can demonstrate self-determination I can demonstrate self-regulation I can take responsibility for my personal well-being				
Social Responsibility	I can contribute to the <i>community</i> and the <i>environment</i> I can <i>persevere</i> through challenges I can <i>solve problems</i> in peaceful ways I can <i>value diversity</i> I can <i>build relationships</i>				