

LMS - Core Competencies Self Assessment

Name: _____

Circle or highlight the points that you are able to do. Star or use another colour highlighter to mark the points you are still working on.



THINKING

Analyze and Critique	Develop and Design	Question and Investigate	Novelty and Value	Ideas
<ul style="list-style-type: none">• I can analyze evidence from different perspectives.• I can reflect on and evaluate my thinking.• I can analyze my own assumptions and beliefs.	<ul style="list-style-type: none">• I can monitor my progress and adjust my actions.• I can make choices that will help me create my intended impact on an audience or situation.• I can experiment with different ways of doing things.	<ul style="list-style-type: none">• I can ask open-ended questions and gather information.• I can evaluate the credibility of sources of information.• I can tell the difference between facts and interpretations, opinions or judgments.	<ul style="list-style-type: none">• I generate new ideas as I pursue my interests.• I can develop a body of creative work over time.	<ul style="list-style-type: none">• I can persevere to develop my ideas.• I make my ideas work or I change what I am doing.• I can make my ideas work within the constraints of a given form.

Give evidence of your ability to do one of the above by completing the following sentences:

I highlighted _____

My action that showed this ability was _____

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COMMUNICATION

Connect and Engage with Others	Acquire, Interpret, and Present Information	Collaborate	Explain/recount and reflect
<ul style="list-style-type: none">• I am an active listener; I support and encourage the person speaking.• I can recognize different points of view.	<ul style="list-style-type: none">• I can present information clearly and in an organized way.• I can present information and ideas to an audience.	<ul style="list-style-type: none">• I can work with others to achieve a common goal; I do my share.• I can take on roles and responsibilities in a group.	<ul style="list-style-type: none">• I give, receive and act on feedback.• I can recount experiences and activities and tell something I learned.

Give evidence of your ability to do one of the above by completing the following sentences:

I highlighted _____

My action that showed this ability was _____

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PERSONAL AND SOCIAL RESPONSIBILITY

Self Regulation and Self Determination	Identity and Well Being	Community and Environment	Relationships	Valuing Diversity	Problem Solving
<ul style="list-style-type: none">• I can advocate for myself, and my ideas.• I can persevere with challenging tasks.• I can take ownership of my goals, learning and behaviour.	<ul style="list-style-type: none">• I can describe my attributes, characteristics, and skills.• I can reflect on my strengths and identify my potential as a leader.• I can make choices that benefit my well being.	<ul style="list-style-type: none">• I can participate in activities to improve the classroom, school, community, or natural world.• I can identify how my actions and the actions of others affect my community and the natural environment.	<ul style="list-style-type: none">• I can identify when others need support and provide it.• I am aware of how others may feel and take steps to help them feel included.	<ul style="list-style-type: none">• I can advocate for others.• I take action to support diversity, including online.• I can demonstrate respectful and inclusive behaviour.	<ul style="list-style-type: none">• I can solve some problems myself and can identify when to ask for help.• I can clarify problems or issues, generate multiple strategies, and compromise to meet the needs of others

Give evidence of your ability to do one of the above by completing the following sentences:

I highlighted _____

My action that showed this ability was _____

GOALS FOR NEXT YEAR

THINKING

Next year, my goal is:

To meet this goal I will:

I will know that I have met this goal when:

COMMUNICATION

Next year, my goal is:

To meet this goal I will:

I will know that I have met this goal when:

PERSONAL AND SOCIAL RESPONSIBILITY

Next year, my goal is:

To meet this goal I will:

I will know that I have met this goal when: